A Guide to Outdoor Adventure in Strathroy, Ontario

Thank you!
The Municipality of Strathroy-Caradoc gratefully acknowledges the many partners that make these trails available to residents and visitors to our community:

**Strathroy Conservation Areas:**
St. Clair Region Conservation Authority

**Rotary Memorial Trail:**
Rotary Club of Strathroy
Department of Recreation & Leisure Services
Ontario Trillium Foundation
JoAnn VanEngelen
Bank of Montreal

**Strathroy Water Trail:**
St. Clair Region Conservation Authority
RBC Royal Bank - RBC Blue Water Project
Progress Through Partnership

This outdoor adventure guide developed in partnership with:

St. Clair Conservation
Strathroy-Caradoc

Free!
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**Strathroy Conservation Area**
The Conservation Area includes a 3 km trail through a beautiful floodplain forest. Developed in the 1970s and 80s, the trails have been widened and gravelled in recent years, making them accessible to cyclists. There are several access points to the trail system, linking urban parks, arboretums and wetlands. The ongoing reforestation efforts of the Conservation Authority have made this area a great place to see wildlife, particularly for bird watchers, as the annual spring migration brings in a variety of warblers. For more information, please visit www.scrca.on.ca.

**Rotary Memorial Trail**
The Rotary Club of Strathroy initiated this trail project in an effort to pay tribute to past members. As you explore the trails, note the commemorative signage and plaques. Through the support of partners such as the Trillium Foundation, the Municipality of Strathroy-Caradoc, private property owners and the Bank of Montreal, the trail system has grown to serve as a link between the Conservation Areas, the commercial core, public parklands and recreational spaces, and the secondary school complex on the north end of town.

**Strathroy Water Trail**
The recently developed Strathroy Water Trail provides an approximate 5km loop of clear water course for recreational use on the Sydenham River. The Water Trail starts at the Conservation Authority office on Mill Pond Crescent and follows the river downstream to the Strathroy Marsh located off of Victoria Street. Access points along the shoreline have been established for easy canoe and kayak launching and portage. This project was made possible by a generous contribution through the RBC Blue Water Project, in an effort to foster an appreciation for the river as a precious environmental resource.

**Things to see along the way**
As part of the Carolinian Life Zone of southwestern Ontario, this area is home to plants and animals that are found nowhere else in Canada. These plants and animals make this part of Canada the most biologically diverse area in the country. The Sydenham River watershed is home to animals such as beaver, muskrat, mink, deer, blandings turtle, hognose snake and plants such as the tulip tree, sycamore and the Kentucky coffee tree.

**Recreation**
The trail system also offers access to many recreational opportunities, including the community Skate Park, Lions Pool, Royals Field, the Sleepy Hollow Railway and the playground complex at Alexandra Park.

**The Scenic Route**
Travel off the beaten path to discover a more scenic route through Strathroy. Over 6 kilometers of trails loop through the community as part of the St. Clair Region Conservation Authority and Rotary Memorial Trail systems. Outdoor enthusiasts can set out on a trek from the Strathroy Marsh located on Victoria Street, and travel through parklands and forested areas all the way to the north end of the community, terminating at Second Street. It takes about 2 hours at average walking speed to complete this main trail.

Water lovers can also enjoy a leisurely paddle down the Sydenham River on the recently developed Strathroy Water Trail. Visitors are reminded that because of the location of the trails and the swelling of the river, these trails may become unsafe and impassable during spring floods or after rain storms.

For more information on recreational opportunities in Strathroy-Caradoc, visit www.strathroy-caradoc.ca, or contact the Department of Recreation at 519-245-7557.

Includes an aerial photo map and information on the Rotary Memorial Trail system, Strathroy Conservation Areas, and the Strathroy Water Trail.
WASHROOMS
Public washroom facilities are available along the trail at the Parks Building in Alexandra Park next to Royals Field. The washrooms are open from mid-May to mid-September, Mon-Fri 7:30am-3:30pm and Sat-Sun 8:00am-8:00pm. Availability subject to change as required.

ACCESS POINTS
The trail system can be entered at various points and parking may be found at, or in close proximity to, the following locations: Victoria Street (Strathroy Marsh), Albert Street (Centennial Park), Caradoc Street (Alexandra Park), Head Street (Cuddy Soccer Fields or Conservation Area), Mill Pond Crescent (SCRCA Office), Deruiter Street (Residential), Thorne Drive (Residential), Second Street (SDCI/HCC).

Legend
- Main Trail
- Side Trails
- Water Trail
- Access Points to Water Trail
- Access to Land Trails
- Parking

Historical points of interest along the trail route include the site of the mill pond established by community founder John Buchanan in 1832. The original mill stone is mounted as a permanent outdoor display along the trail.

Those who paddle along the Sydenham will also pass under the original stone bridge constructed for the Great Western Railway line that was established in Strathroy in 1856. For more information on the culture and biodiversity of the river, visit www.sydenhamdiscovery.ca!