



Location	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
SDCI 361 Second Street, Strathroy	Comp. V-Ball League (18+) 6:30 – 9:30pm	Volleyball (9-11 years) 6:30 – 7:30pm (12-14 years) 7:30 – 9:00pm			Basketball (18+) 6:30 – 7:30am	
North Meadows 82 Middlesex Drive, Strathroy	Comp. V-Ball League (18+) 6:30 – 9:30pm	Rec V-Ball (18+) (Flex. Reg.) 7:00 – 9:00pm				
Strathroy Community Christian School 7880 Walkers Road, Strathroy	Comp. V-Ball League (18+) 6:30 – 9:30pm	Basketball (8-10 years) 6:30 – 7:30pm (11-13 years) 7:30 – 9:00pm	Intro To Soccer (3-5 years) 6:00 - 6:45pm Flag Football (8-12 years) 7:00-8:00pm			
Yorkview Community Park 93 York Street, Strathroy				Ultimate Frisbee (8-12 years) 6:00-7:00pm Ultimate Frisbee (13+ years) 7:00-8:00pm		Women's Soccer League (18+) 6:00 – 9:00pm
West Middlesex Memorial Centre 334 Metcalfe Street West, Strathroy	Pickleball MW (18+) 9:00 – 11:00am	Pickleball TTH (18+) 9:00 – 11:00am	Pickleball MW (18+) 9:00 – 11:00am	Pickleball TTH (18+) 9:00 – 11:00am	Pickleball (18+) (Flex. Reg.) 9:00 – 11:00am	
	Strength and Mobility (18+) 11:00am – 12:00pm	VON Walking Group (55+) 11:30am-12:30pm	Strength and Mobility (18+) 11:00am – 12:00pm	VON Walking Group (55+) 11:30am-12:30pm		
	Pickleball Beginners (18+) (Flex. Reg.) 1:00 – 3:00pm	Tai Chi (18+) Beginners – 12:30 – 1:30pm Intermediate – 1:30am – 2:30pm	Yoga (18+) Chair - 10:00 – 11:00am Standard – 11:00am - Noon	Badminton 1:00 – 3:00pm		
	Euchre (55+) 1:00 – 3:00pm	Duplicate Bridge (55+) 1:00 – 4:00pm	Corn Hole (18+) 1:00 – 3:00pm	Intro to Sports Development (3-5 years) 6:00 – 6:45pm		
	Pickleball (9-13 years) 6:00 – 7:00pm	Pickleball Experienced (18+) (Flex. Reg.) 1:00 - 3:00pm	Badminton (9-13 years) 6:00 – 7:00pm (18+ years) 7:00 – 8:30pm	Lego Builders (6-8 years) 6:00 - 7:00pm (9-12 years) 7:00-8:00pm		
	Pickleball (18+) (Flex. Reg.) 7:00 – 9:00pm	Basketball (18+) (Flex. Reg.) 9:00 – 10:30pm		Pickleball (18+) (Flex. Reg.) 7:00 – 9:00pm		
Caradoc Community Centre 565 Lions Park Dr, Mount Brydges	Pickleball (18+) 9:00 – 11:00am		Pickleball (18+) 9:00 – 11:00am	Floor Curling (18+) (Flex. Reg.) 10:00am – Noon	VON SMART Fitness (55+) 11:00 – 12:00pm	
	VON SMART Fitness (55+) 11:00 – 12:00pm					
	Walking Group 12:00 - 1:00pm		VON SMART Fitness (55+) 11:00 – 12:00pm	Pickleball (18+) (Flex. Reg.) 1:00 – 3:00pm	Walking Group 12:00 1:00pm	
	Floor Curling (18+) (Flex. Reg.) 1:30 - 3:30pm					
	Intro to Arts (3-5 years) 6:00 – 7:00pm (6-12 years) 7:30 – 9:00pm Pickleball (18+) 7:00 – 9:00pm			Walking Group 12:00 - 1:00pm		Pickleball (18+) (Flex. Reg.) 1:30 – 3:30pm