



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lane Swim (6:30-7:20am)	Lane Swim (6:30-7:20am)	Aqua Fit (8-8:50am)	Lane Swim (6:30-7:20am)	Lane Swim (7:00-7:50am)	Lane Swim (10:00-10:50am)	Lane Swim (10:00-10:50am)
CLOSED for Programming (7:30-12pm)	CLOSED for Programming (7:30-12pm)	CLOSED for Programming (9-12pm)	CLOSED for Programming (7:30-12pm)	Aqua Fit (8-8:50am)	Aqua Fit (11-11:50am)	Aqua Fit (11-11:50am)
Public Swim (12-1pm) (2:20-4:20pm)  *CLOSED 1-2:20pm*	Public Swim (12-1pm) (2:20-4:20pm)  *CLOSED 1-2:20pm*	Public Swim (12-1pm) (2:20-4:20pm)  *CLOSED 1-2:20pm*	Public Swim (12-1pm) (2:20-4:20pm)  *CLOSED 1-2:20pm*	CLOSED for Programming (8:30am-12pm)	Public Swim (12-6pm)	Public Swim (12-6pm)
CLOSED for Programming (4:30-6pm)	CLOSED for Programming (4:30-6pm)	Lane Swim (4:30-5:20pm)	CLOSED for Programming (4:30-6pm)	Public Swim (12-1pm) (2:20-4:20pm)		
Public Swim BEACH SIDE ONLY (6-7pm)	Public Swim BEACH SIDE ONLY (6-7pm)	Public Swim BEACH SIDE ONLY (6-7pm)	Public Swim BEACH SIDE ONLY (6-7pm)			
Lane Swim (Competition Pool) Public Swim (1-2 lanes avail.) (7-7:50pm)	Lane Swim (Competition Pool) Public Swim (1-2 lanes avail.) (7-7:50pm)	Public Swim (7-8pm)  *Except on Swim Meet Nights* TBC	Lane Swim (Competition Pool) Public Swim (1-2 lanes avail.) (7-7:50pm)	Aqua Fit (4:30-5:20pm)	Public Swim BEACH SIDE ONLY (6-7pm)	
Aqua Fit (8-8:50pm)	Aqua Fit (8-8:50pm)		Aqua Fit (8-8:50pm)	Public Swim ALL POOL (7-8pm)		

## Fees/Registration

**PUBLIC SWIM:**  
Drop in option,  
Pay per hour / person

**AQUA FIT & LANE SWIM:**  
Drop in option,  
Pay per session / person

**SWIMMING LESSONS  
& SWIM TEAM:**  
Registered

**MEMBERSHIPS:**  
All Access Individual Pass  
Includes public swim,  
lane swim, and aqua fit.

**PUBLIC SWIM PASS:**  
Individual and Family  
Passes Available

For more information,  
visit our website



# REGISTER ONLINE

[www.strathroy-caradoc.ca/recreation-community-culture/aquatics](http://www.strathroy-caradoc.ca/recreation-community-culture/aquatics)

**In Person:** 334 Metcalfe Street West, Strathroy    **Phone:** 519-246-3202