



Location	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday	
<b>SDCI</b> 361 Second Street, Strathroy	<b>Comp. V-Ball League (18+)</b> 6:30 – 9:30pm	<b>Volleyball</b> (9-11 years) 6:30 – 7:30pm (12-14 years) 7:30 – 9:00pm			<b>Basketball (18+)</b> 6:30 – 7:30am		
<b>North Meadows</b> 82 Middlesex Drive, Strathroy	<b>Comp. V-Ball League (18+)</b> 6:30 – 9:30pm	<b>Rec V-Ball (18+)</b> (Flex. Reg.) 7:00 – 9:00pm					
<b>Strathroy Community Christian School</b> 7880 Walkers Road, Strathroy	<b>Comp. V-Ball League (18+)</b> 6:30 – 9:30pm	<b>Basketball</b> (8-10 years) 6:30 – 7:30pm (11-13 years) 7:30 – 9:00pm	<b>Intro To Soccer</b> (3-5 years) 6:00 - 6:45pm				
<b>Yorkview Community Park</b> 93 York Street, Strathroy						<b>Women's Soccer League (18+)</b> 6:00 – 9:00pm	
<b>West Middlesex Memorial Centre</b> 334 Metcalfe Street West, Strathroy	<b>Pickleball MW (18+)</b> 9:00 – 11:00am	<b>Pickleball TTH (18+)</b> 9:00 – 11:00am	<b>Pickleball MW (18+)</b> 9:00 – 11:00am	<b>Pickleball TTH (18+)</b> 9:00 – 11:00am	<b>Pickleball (18+)</b> (Flex. Reg.) 9:00 – 11:00am		
	<b>Strength and Mobility (18+)</b> 11:00am – 12:00pm			<b>Strength and Mobility (18+)</b> 11:00am – 12:00pm			
		<b>VON Walking Group (55+)</b> 11:30am-12:30pm		<b>VON Walking Group (55+)</b> 11:30am-12:30pm			
	<b>Pickleball Beginners (18+)</b> (Flex. Reg.) 1:00 – 3:00pm	<b>Tai Chi (18+)</b> Beginners – 12:30 – 1:30pm Intermediate – 1:30am – 2:30pm	<b>Yoga (18+)</b> Chair - 10:00 – 11:00am Standard – 11:00am - Noon	<b>Badminton</b> 1:00 – 3:00pm			
	<b>Euchre (55+)</b> 1:00 – 3:00pm	<b>Duplicate Bridge (55+)</b> 1:00 – 4:00pm	<b>Corn Hole (18+)</b> 1:00 – 3:00pm	<b>Intro to Sports Development</b> (3-5 years) 6:00 – 6:45pm			
		<b>Pickleball Experienced (18+)</b> (Flex. Reg.) 1:00 - 3:00pm	<b>Badminton</b> (9-13 years) 6:00 – 7:00pm (18+ years) 7:00 – 8:30pm	<b>Lego Builders</b> (6-8 years) 6:00 - 7:00pm (9-12 years) 7:00- 8:00pm			
	<b>Pickleball (18+)</b> (Flex. Reg.) 7:00 – 9:00pm	<b>Basketball (18+)</b> (Flex. Reg.) 9:00 – 10:30pm		<b>Pickleball (18+)</b> (Flex. Reg.) 7:00 – 9:00pm			
<b>Caradoc Community Centre</b> 565 Lions Park Dr, Mount Brydges	<b>Pickleball (18+)</b> 9:00 – 11:00am		<b>Pickleball (18+)</b> 9:00 – 11:00am	<b>Floor Curling (18+)</b> (Flex. Reg.) 10:00am – Noon	<b>VON SMART Fitness (55+)</b> 11:00 – 12:00pm		
	<b>VON SMART Fitness (55+)</b> 11:00 – 12:00pm						
	<b>Walking Group</b> 12:00 - 1:00pm						
	<b>Floor Curling (18+)</b> (Flex. Reg.) 1:30 - 3:30pm			<b>VON SMART Fitness (55+)</b> 11:00 – 12:00pm	<b>Pickleball (18+)</b> (Flex. Reg.) 1:00 – 3:00pm	<b>Walking Group</b> 12:00 1:00pm	
	<b>Pickleball (18+)</b> 7:00 – 9:00pm				<b>Walking Group</b> 12:00 - 1:00pm		<b>Pickleball (18+)</b> (Flex. Reg.) 1:30 – 3:30pm