MUNICIPALITY OF STRATHROY-CARADOC
URBAN OPPORTUNITY RURAL HOSPITALITY

Pool Schedule

July-August 2026

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Leisure Pool	Competition Pool	Leisure Pool	Competition Pool	Leisure Pool	Competition Pool	Leisure Pool	Competition Pool	Leisure Pool	Competition Pool	Leisure Pool	Competition Pool	Leisure Pool	Competition Pool
6:30 AM		Lane Swim		Lane Swim				Lane Swim						
7:00 AM						Recreational Swim				Lane Swim				
7:30 AM		Swim Team		Swim Team				Swim Team						
8:00 AM						Aquafit (8-8:50 AM)				Aquafit (8-8:50 AM)				
8:30 AM	Swim Lessons		Swim Lessons		Swim Lessons		Swim Lessons		Swim Lessons					
9:00 AM												Recreational Swim		
9:30 AM														
10:00 AM												Lane Swim		Lane Swim
10:30 AM														
11:00 AM												Aquafit		Aquafit
11:30 AM														
12:00 PM	Public Swim		Public Swim		Public Swim		Public Swim		Public Swim		Public Swim		Public Swim	
12:30 PM														
1:00 PM	Camp Swim		Camp Swim		Camp Swim		Camp Swim		Camp Swim					
1:30 PM														
2:00 PM														
2:30 PM	Public Swim		Public Swim		Public Swim		Public Swim		Public Swim					
3:00 PM														
3:30 PM														
4:00 PM														
4:30 PM	Swim Lessons	Swim Team	Swim Lessons	Swim Team	Swim Lessons	Lane Swim	Swim Lessons	Swim Team	Swim Lessons	Aquafit				
5:00 PM														
5:30 PM		Swim Lessons		Swim Lessons		Swim Lessons		Swim Lessons		Swim Lessons				
6:00 PM	Public Swim Beach Entry Only		Public Swim Beach Entry Only		Public Swim Beach Entry Only		Public Swim Beach Entry Only		Public Swim Beach Entry Only					
6:30 PM														
7:00 PM		Lane Swim (7-7:50 PM)		Lane Swim (7-7:50 PM)	Public Swim			Lane Swim (7-7:50 PM)	Public Swim					
7:30 PM	Public Swim		Public Swim				Public Swim							
8:00 PM		Aquafit		Aquafit				Aquafit						
8:30 PM														