



# EVENING RECREATION PROGRAMS

## April - June



Location	Monday	Tuesday	Wednesday	Thursday	Friday - Sun
West Middlesex Memorial Centre/Fairgrounds (334 Metcalfe Street West, Strathroy)	<b>Archery/Laser Tag Games (Reg)</b> 6:00 - 7:00pm (Ages 9 - 14)	<b>Rec Basketball (Flex)</b> 9:00 - 10:30pm (Ages 15+)	<b>Badminton (Reg)</b> 6:00 - 7:00pm (Ages 9 - 14) <b>Badminton (Flex)</b> 7:00 - 8:30pm (Ages 18+)	<b>Active and Developmental Play (Reg)</b> 6:00 - 6:45pm (Ages 3 - 5)	<b>PA Day Camps (Reg)</b> Various Dates 7:00 - 4:30pm (Ages 4 - 12)
	<b>Women's Beach Volleyball League (Reg)</b> 6:15 - 8:30pm (Ages 16+)	<b>Youth Beach Volleyball League (Reg)</b> 6:15 - 8:30pm (Ages 12-15)	<b>Men's Beach Volleyball League (Reg)</b> 6:15 - 8:30pm (Ages 16+)	<b>Pickleball (Flex)</b> 7:00 - 9:00pm (Ages 18+)	<b>Adult Intro to D&amp;D (Reg)</b> Various Dates 12:30 - 5:30pm (Ages 18+)
	<b>Pickleball (Flex)</b> 7:00 - 9:00pm (Ages 18+)			<b>Coed Beach Volleyball League (Reg)</b> 6:15 - 8:30pm (Ages 16+)	<div><b>FLEX</b> = Drop in, Pay per day  <b>REG</b> = Registered, Must pre-register for program  <b>FREE</b> = Awesome! This program is free of charge</div>
High School (361 Second Street, Strathroy)	<b>Jr. Robotics (Reg)</b> 6:30 - 8:30pm (Ages 9 - 14)	<b>Boys Basketball (Reg)</b> 6:30 - 7:30pm 7:30 - 9:00pm (Ages 8 - 10) (Ages 11 - 14)	<b>Jr. Carpenters (Reg)</b> 6:30 - 8:30pm (Ages 9 - 14)	<b>Epic Adventurers (Intro to D&amp;D) (Reg)</b> 6:30 - 8:30pm (Ages 9 - 14)	
		<b>Volleyball Gameplay Only(Reg)</b> 6:30 - 7:30pm 7:30 - 9:00pm (Ages 9 - 11) (Ages 12 - 15)			
Various Locations ( <b>Gemini Sportsplex</b> - 667 Adair Blvd., Strathroy <b>North Meadows</b> - 82 Middlesex Drive, Strathroy <b>Caradoc Community Centre</b> - 565 Lions Park Drive, Mount Brydges <b>Strathroy Community Christian School</b> - 7880 Walkers Drive, Strathroy <b>VanDyk Fields</b> - 189 York Street, Strathroy)	<b>Pickleball (Flex)</b> <b>Caradoc Community Centre</b> 7:00 - 9:00pm (Ages 18+)	<b>Intro to Soccer (Indoor) (Reg)</b> <b>Strathroy Community Christian School</b> 6:00 - 6:45pm 7:00 - 8:00pm (Ages 3-5) (Ages 6-8)	<b>Learn to Golf (Reg)</b> <b>Caradoc Sands</b> 6:00 - 7:15pm 7:30 - 8:30pm (Ages 8 - 15) (Ages 16+)	<b>Art for Beginners (Reg)</b> <b>Gemini Sportsplex</b> 6:00 - 6:45pm (Ages 3 - 5)	<b>Women's Soccer League (Reg)</b> <b>VanDyk Stadium Field</b> Sundays 7:00 - 9:00pm (Ages 18+)
		<b>Rec Volleyball (Flex)</b> <b>North Meadows</b> 7:00 - 9:00pm (Ages 15+)	<b>Visual Arts (Reg)</b> <b>Gemini Sportsplex</b> 6:30 - 8:30pm (Ages 9 - 14)	<b>LEGO Builders (Reg)</b> <b>Gemini Sportsplex</b> 7:00 - 8:00pm (Ages 6 - 8)	
				<b>Football FUNdamentals (Reg)</b> <b>VanDyk Fields</b> 6:30 - 8:00pm (Ages 9 - 14)	



# DAYTIME RECREATION PROGRAMS

April - June



Location	Monday	Tuesday	Wednesday	Thursday	Friday
West Middlesex Memorial Centre/Fairgrounds (334 Metcalfe Street West, Strathroy)	<b>Pickleball MW (Reg)</b> 9:00 - 11:30am	<b>Pickleball TTH (Reg)</b> 9:00 - 11:30am	<b>Pickleball MW (Reg)</b> 9:00 - 11:30am	<b>Pickleball TTH (Reg)</b> 9:00 - 11:30am	<b>Pickleball (Flex)</b> 9:00 - 11:30am
	<b>Talk n Stroll (FREE)</b> 11:30 - 12:30pm	<b>Walking Program with VON (FREE)</b> 11:30 - 12:30pm	<b>Talk n Stroll (FREE)</b> 11:30 - 12:30pm	<b>Walking Program VON (FREE) with</b> 11:30 - 12:30pm	<b>Talk n Stroll (FREE)</b> 11:30 - 12:30pm
	<b>Strength and Stability (Reg)</b> 10:00 - 11:00am	<b>Tai Chi Intermediate (Reg)</b> 12:30 - 1:30pm <b>Advanced (Reg)</b> 1:30 - 2:30pm	<b>Chair Yoga (Reg)</b> 10:00 - 11:00am <b>Standard Yoga (Reg)</b> 11:00 - 12:00pm	<b>Strength and Stability(Reg)</b> 10:30 - 11:30am	<b>Aquatic Programs and Memberships</b> <b>Registration opens in May</b>
		<b>Tai Chi Intermediate (Reg)</b> 12:30 - 1:30pm <b>Advanced (Reg)</b> 1:30 - 2:30pm	<b>Chair Yoga (Reg)</b> 10:00 - 11:00am <b>Standard Yoga (Reg)</b> 11:00 - 12:00pm	<b>Badminton (Reg)</b> 1:00 - 3:00pm	
	<b>Pickleball - Beginners (Flex)</b> 1:00 - 3:00pm	<b>Pickleball - Experienced (Flex)</b> 1:00 - 3:00pm	<b>Cornhole (Flex)</b> 1:00 - 3:00pm		<b>FLEX</b> = Drop in, Pay per day  <b>REG</b> = Registered, Must pre-register for program  <b>FREE</b> = Awesome! This program is free of charge
	<b>Euchre (Flex)</b> 1:00 - 4:00pm	<b>Duplicate Bridge (Flex)</b> 1:00 - 4:00pm			
Caradoc Community Centre (565 Lions Park Drive, Mount Brydges)	<b>Pickleball MW (Reg)</b> 9:00 - 11:00am		<b>Pickleball MW (Reg)</b> 9:00 - 11:00am	<b>Pickleball (Flex)</b> 1:00 - 3:00pm	<b>Pickleball (Flex)</b> 1:00 - 3:00pm
	<b>Walking Program (FREE)</b> 12:00 - 1:00pm		<b>Walking Program (FREE)</b> 12:00 - 1:00pm	<b>Floor Curling (Flex)</b> 10:00am - 12:00pm	<b>Walking Program (FREE)</b> 12:00 - 1:00pm